DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: AGR/OS/EXT/BC/07/4

UNIT DESCRIPTION

This unit specifies the competencies required to practice safety and health, and comply with OSH requirements relevant to work

ELEMENTS AND PERFORMANCE CRITERIA,

ELEMENT	PERFORMANCE CRITERIA
These describe the key	These are assessable statements which specify the required
outcomes which make up	level of performance for each of the elements.
workplace function.	Bold and italicized terms are elaborated in the Range
1. Observe workplace	1.1 Arrangement of work area and items in accordance
procedures for hazards and	with Company housekeeping procedures is followed
risk prevention	1.2 Work standards and procedures are followed
	1.3 Prevention and control measures , including use of
	safety gears/PPE are applied
	1.4 Standards and procedures for <i>incidents and</i>
	emergencies are studied and applied, as needed
2. Participate in arrangements	2.1 Orientations on <i>OSH requirements/regulations</i> of
for workplace safety and	tasks are participated
health maintenance	2.2 Feedback on health, safety, and security concerns are
	provided to appropriate personnel as required in a
	sufficiently detailed manner.
	2.3 Workplace procedures for reporting hazards, incidents,
	injuries and sickness are practiced
	2.4 OSH requirements/ regulations and workplace safety
	and hazard control procedures are reviewed and
	compliance reported to appropriate personnel, as
	needed
	2.5 Needed <i>OSH-related trainings</i> are identified and
	proposed to appropriate personnel

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	1. Range (may include but are not limited to:)
Prevention and control measures	 Eliminate the hazard (i.e., get rid of the dangerous machine Isolate the hazard (i.e. keep the machine in a closed room and operate it remotely; barricade an unsafe area off) Substitute the hazard with a safer alternative (i.e., replace the machine with a safer one) Use administrative controls to reduce the risk (i.e. give trainings on how to use equipment safely; OSH-related topics, issue warning signages, rotation/shifting work schedule) Use engineering controls to reduce the risk (i.e. use safety guards to machine) Use personal protective equipment Safety, Health and Work Environment Evaluation Periodic and/or special medical examinations of workers
Safety gears /PPE (Personal Protective Equipment)	 Arm/Hand guard, gloves Eye protection (goggles, shield) Hearing protection (ear muffs, ear plugs) Hair Net/cap/bonnet Hard hat Face protection (mask, shield) Apron/Gown/coverall/jump suit Anti-static suits High-visibility reflective vest

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Incidents and emergencies	Chemical spills
	Equipment/vehicle accidents
	 Explosion
	• Fire
	Gas leak
	Injury to personnel
	Structural collapse
	Toxic and/or flammable vapours emission.
OSH requirements /	Building code
regulations	Permit to Operate
OSH-related trainings	Safety Orientations relevant to tasks
	Safe and Correct Operation of Tools and Equipment
	Health Orientations/trainings (Healthy Lifestyle,
	Prevention of drug/alcohol dependence, violence in
	the workplace, work-stress)
	 Prevention and Control of OSH Hazards in the
	workplace (
	Chemical Handling
	 Safety Trainings (Fire Safety, Construction Safety,
	Confined Space)
	 Prevention and Control of Work-related Injuries and
	Illness
	Basic First-aid Trainings
	Emergency Response Trainings
	 Trainings on use of fire-extinguisher

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Communication Skills
- Knowledge management
- Collaborating skills
- Interpersonal Skills
- Troubleshooting skills

- Critical thinking Skills
- Observation Skills

Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH principles and legislations
- Principles of good housekeeping (5S)
- Company/workplace policies/ guidelines
- Standards and safety requirements of work process and procedures
- Standard Workplace emergency plan and procedures
- Safety and health requirements of tasks
- Workplace guidelines on providing feedback on OSH and security concerns
- OSH regulations
- Hazard control procedures
- OSH trainings relevant to work

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

Assessment requires evidence that the candidate:
1.1 Follows work and housekeeping procedures, and complies with
its requirements
1.2 Follows work standards and procedures
1.3 Applies OSH preventive and control measures, including
emergency plan, standards and procedures
1.4 Participates in orientations on OSH requirements of tasks
1.5 Provides feedback on health, safety, and security concerns in a
sufficiently detailed manner.
1.6 Practices workplace procedures for reporting hazards, incidents,
injuries and sickness
1.7 Reviews and reports compliance to workplace OSH regulations
and hazard control procedures
1.8 Identifies and proposes OSH trainings relevant to work
The following resources should be provided:
2.1 Facilities, materials tools and equipment necessary for the activity
Competency in this unit may be assessed through:
3.1 Observation/Demonstration with oral questioning
3.2 Third party report
3.3 Written exam
Competency may be assessed on the job, off the job or a combination of
these. Off the job assessment must be undertaken in a closely simulated
workplace environment.
Holistic assessment with other units relevant to the industry sector,
workplace and job role is recommended.