

OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: ENG/CU/AME/BC/07/4

Relationship to Occupational Standards

This unit addresses the unit of competency: Demonstrate Safety and Health Practices

Duration of Unit: 20 hours

Unit Description

This unit describes the competencies required to practice safety and health and comply with OSH requirements relevant to work.

Summary of Learning Outcomes

1. Observe workplace procedures for hazards and risk prevention
2. Participate in arrangements for workplace safety and health maintenance

Learning Outcomes, Content and Suggested Assessment Methods

Learning outcome	Content	Suggested assessment Methods
1. Observe workplace procedures for hazards and risk prevention	<ul style="list-style-type: none">• Arrangement of work area and items in accordance with company housekeeping procedures• Adherence to work standards and procedures• Application of preventive and control measures, including use of safety gears/PPE• Study and apply standards and procedures for incidents and emergencies.	<ul style="list-style-type: none">• Oral questions• Written questions• Observation of work procedures
2. Participate in arrangements for workplace safety and health maintenance	<ul style="list-style-type: none">• Participating in orientations on OSH requirements/regulations of tasks• Providing feedback on health, safety, and security concerns to appropriate personnel as required in a sufficiently detailed manner	<ul style="list-style-type: none">• Oral questions• Written tests• Practical test• Observation of practical work by trainees

	<ul style="list-style-type: none"> ● Practice workplace procedures for reporting hazards, incidents, injuries and sickness ● Osh requirements/ regulations and workplace safety and hazard control procedures are reviewed, and compliance reported to appropriate personnel ● Identification of needed OSH-related trainings are proposed to appropriate personnel 	
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Suggested delivery methods

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainees/ role play
- Discussion
- Observations and comments and corrections by trainers

Recommended resources

- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Machine/equipment manufacturer's specifications and instructions
- Personal Protective Equipment (PPE) e.g.
 - Mask
 - Face mask/shield
 - Safety boots
 - Safety harness
 - Arm/Hand guard, gloves
 - Eye protection (goggles, shield)
 - Hearing protection (ear muffs, ear plugs)
 - Hair Net/cap/bonnet
 - Hard hat
 - Face protection (mask, shield)
 - Apron/Gown/coverall/jump suit
 - Anti-static suits
 - High-visibility reflective vest