DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: BUS/BM/BC/6/6

Unit Description

This unit specifies the competencies required to practice and promote safety and health at work.

ELEMENTS AND PERFORMANCE CRITERIA

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Element	Performance Criteria		
These describe the	These are assessable statements which		
key outcomes which	specify the required level of		
make up workplace	performance for each of the elements.		
function.	Bold and italicized terms are		
	elaborated in the Range		
1. Prepare to	1.1 Awareness of legislation that		
practice safety	outlines the minimum standards for		
and health at work	occupational safety and health		
	requirements/ regulations are		
	emphasized		
	1.2 Benefits of implementing an		
	occupational safety and health		
	program are identified		
	1.3 Safety requirements/ regulations of		
	own work and of other		
	workers are familiarized		
	1.4 Workplace standards and procedures		
	for incidents and		
	Emergencies are determined		

Element	Performance Criteria
These describe the	These are assessable statements which
key outcomes which	specify the required level of
make up workplace	performance for each of the elements.
function.	Bold and italicized terms are
	elaborated in the Range
	1.5 Prevention and control measures,
	including use of safety gears/PPE
	(Personal Protective Equipment) to
	avoid accident, injuries and sickness
	are identified
2. Comply and	2.1 Safety instructions and safety signs
promote	are followed and disseminated to co-
compliance of	workers
workers to	2.2 Safe handling of tools, equipment
organization's	and materials is learned and shared
occupational	with co-workers
safety and health	2.3 Execution of own work and of co-
instructions and	workers is monitored in according
requirements	to safe work procedures
	2.4 Use of safe guards and safety
	devices is monitored
	2.5 Hazards, incidents, injuries and
	sickness in the workplace are
	reported properly following
	standards and procedures

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
	May include but are not limited to:
1. Safety	1.1 Building code
requirements/	1.2 Permit to Operate
regulations	1.3 Occupational Safety and Health
	Standards
2. Incidents and	2.1 Chemical spills
Emergencies	2.2 Equipment/vehicle accidents
	2.3 Explosion
	2.4 Fire
	2.5 Gas leak
	2.6 Injury to personnel
	2.7 Structural collapse
	2.8 Toxic and/or flammable vapors
	emission
3. Prevention	3.1 Eliminate the hazard (i.e., get rid of
and control	the dangerous machine
measures	3.2 Isolate the hazard (i.e. keep the
	machine in a closed room and operate
	it remotely; barricade an unsafe area
	off)
	3.3 Substitute the hazard with a safer
	alternative (i.e., replace the machine
	with a safer one)

Variable	Range
	May include but are not limited to:
	3.4 Use administrative controls to reduce
	the risk (i.e. give trainings on how to
	use equipment safely; OSH-related
	topics, issue warning signage's,
	rotation/shifting work schedule)
	3.5 Use engineering controls to reduce the
	risk (i.e. use safety guards to machine)
	3.6 Use personal protective equipment
	3.7 Safety, Health and Work Environment
	Evaluation
	3.8 Periodic and/or special medical
	examinations of workers
4. Safety	4.1 Arm/Hand guard, gloves
devices/ PPEs	4.2 Eye protection (goggles, shield)
(Personal	4.3 Hearing protection (ear muffs, ear
Protective	plugs)
Equipment)	4.4 Hair Net/cap/bonnet
	4.5 Hard hat
	4.6 Face protection (mask, shield)
	4.7 Apron/Gown/coverall/jump suit
	4.8 Anti-static suits
	4.9 High-visibility reflective vest

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Communication skills
- Knowledge management
- Interpersonal skills
- Troubleshooting skills
- Critical thinking skills
- Observation skills
- Monitoring skills
- Reporting skills

Required Knowledge

The individual needs to demonstrate knowledge of:

- Elements of an effective occupational safety and health program
- Benefits of implementing an occupational safety and health program
- Safety requirements of own work and of other workers
- Standard emergency plan and procedures in the workplace
- Different OSH control measures
- General OSH principles
- Work standards and procedures
- Safe handling procedures of tools, equipment and materials
- Standard emergency plan and procedures in the workplace
- Different OSH control measures

- Standard accident and illness reporting procedures in the workplace
- Monitoring system on compliance to work safety and health

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1.	Critical	Assessment requires evidence that the
	Aspects of	candidate:
	Competency	1.1 Emphasizes awareness of OSH
		legislations
		1.2 Identifies benefits of implementing
		OSH program
		1.3 Identifies safety requirements of own
		work and of co-workers
		1.4 Identifies and shares with co-workers
		OSH control measures and emergency
		plan in the workplace
		1.5 Identifies and shares with co-workers
		the control measures to prevent
		accident, injuries and sickness
		1.6 Follows and disseminate to co-workers
		the safety instructions and safety signs
		at work
		1.7 Learns and shares with co-workers the
		learnings on safe handling of tools,

		equipment and materials
		1.8 Monitors safe execution of own work
		and of co-workers
		1.9 Monitors compliance to safety
		measures
		1.10 Reports hazards, incidents, injuries
		and sickness following workplace
		procedures
2.	Resource	The following resources should be
	Implications	provided:
	Implications	2.1 Facilities, materials tools and
		equipment necessary for the activity
3.	Methods of	Competency in this unit may be assessed
٥.	Assessment	through:
	Assessment	3.1 Observation/Demonstration with oral
		questioning
		3.2 Third party report
4.	Context of	
4.		Competency may be assessed on the job,
	Assessment	off the job or a combination of these. Off
		the job assessment must be undertaken in a
		closely simulated workplace environment.
5.	Guidance	Holistic assessment with other units
	Information	relevant to the industry sector, workplace
	for	and job role is recommended.
	Assessment	