#### OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: CON/CU/BUT/BC/01/7/A

## **Relationship to Occupational Standards**

This unit addresses the unit of competency: Demonstrate Occupational Safety and Health Practices

**Duration of Unit: 20 hours** 

## **Unit Description**

This unit specifies the competencies required to practice safety and health and comply with OSH requirements relevant to work. It involves adhering to workplace procedures for hazards and risk prevention and participating in arrangements for workplace safety and health maintenance.

# **Summary of Learning Outcomes**

- 1. Adhere to workplace procedures for hazards and risk prevention
- 2. Participate in arrangements for workplace safety and health maintenance

## **Learning Outcomes, Content and Suggested Assessment Methods**

<b>Learning Outcome</b>	Content	Suggested Assessment	
		Methods	
1. Adhere to	□ Arrangement of work area and	<ul><li>Oral questions</li></ul>	
workplace	items in accordance with	□ Written tests	
procedures for	Company housekeeping	<ul><li>Portfolio of</li></ul>	
hazards and risk	procedures	evidence	
prevention	□ Adherence to work standards and	☐ Third party	
	procedures	report	
	<ul> <li>Application of preventive and</li> </ul>		
	control measures, including use of		
	safety gears/PPE		

		Study and apply standards and		
		procedures for incidents and		
		emergencies.		
2. Participate in		Participating in orientations on		Oral questions
arrangements for		OSH requirements/regulations of		Written tests
workplace safety		tasks		Portfolio of
and health		Providing feedback on health,		evidence
maintenance		safety, and security concerns to		Third party
		appropriate personnel as required		report
		in a sufficiently detailed manner		_
		Practice workplace procedures for		
		reporting hazards, incidents,		
		injuries and sickness		
		OSH requirements/ regulations		
		and workplace safety and hazard		
		control procedures are reviewed,		
		and compliance reported to		
		appropriate personnel		
		Identification of needed OSH-		
		related trainings are proposed to		
		appropriate personnel		
	1	appropriate personner	l	

# **Suggested Methods of Instruction**

- Assigments
- Discussion
- Q&A
- Role play
- Viewing of related videos

# **Recommended Resources**

- Computers
- Stationery
- Charts
- Video clips
- Audio tapes

- Radio sets
- TV sets
- LCD projectors
- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Machine/equipment manufacturer's specifications and instructions
- Personal Protective Equipment (PPE) e.g.
  - Mask
  - Face mask/shield
  - Safety bootsn
  - Safety harness
  - Arm/Hand guard, gloves
  - Eye protection (goggles, shield)
  - Hearing protection (ear muffs, ear plugs)
  - Hair Net/cap/bonnet
  - Hard hat
  - Face protection (mask, shield)
  - Apron/Gown/coverall/jump suit
  - Anti-static suits
  - High-visibility reflective vest