

## OCCUPATIONAL SAFETY AND HEALTH PRACTICES

**UNIT CODE:** CON/CU/CAJ/BC/07/4/A

### Relationship to Occupational Standards

This unit addresses the unit of competency: Demonstrate Occupational Safety and Health Practices

**Duration of Unit:** 20 hours

### Unit Description

This unit specifies the competencies required to practice safety and health and comply with OSH requirements relevant to work. It involves adhering to workplace procedures for hazards and risk prevention and participating in arrangements for workplace safety and health maintenance.

### Summary of Learning Outcomes

1. Adhere to workplace procedures for hazards and risk prevention
2. Participate in arrangements for workplace safety and health maintenance

### Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods
1. Adhere to workplace procedures for hazards and risk prevention	<ul style="list-style-type: none"><li>• Arrangement of work area and items in accordance with Company housekeeping procedures</li><li>• Adherence to work standards and procedures</li><li>• Application of preventive and control measures, including use of safety gears/PPE</li><li>• Study and apply standards and procedures for incidents and emergencies.</li></ul>	<ul style="list-style-type: none"><li>• Oral questions</li><li>• Written tests</li><li>• Portfolio of evidence</li><li>• Third party report</li></ul>
2. Participate in arrangements for workplace safety and health maintenance	<ul style="list-style-type: none"><li>• Participating in orientations on OSH requirements/regulations of tasks</li><li>• Providing feedback on health, safety, and security concerns to</li></ul>	<ul style="list-style-type: none"><li>• Oral questions</li><li>• Written tests</li><li>• Portfolio of evidence</li></ul>

	<p>appropriate personnel as required in a sufficiently detailed manner</p> <ul style="list-style-type: none"> <li>• Practice workplace procedures for reporting hazards, incidents, injuries and sickness</li> <li>• OSH requirements/ regulations and workplace safety and hazard control procedures are reviewed, and compliance reported to appropriate personnel</li> <li>• Identification of needed OSH-related trainings are proposed to appropriate personnel</li> </ul>	<ul style="list-style-type: none"> <li>• Third party report</li> </ul>
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### Suggested Methods of Instruction

- Assignments
- Discussion
- Q&A
- Role play
- Viewing of related videos

### Recommended Resources

- Computers
- Stationery
- Charts
- Video clips
- Audio tapes
- Radio sets
- TV sets
- LCD projectors
- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Machine/equipment manufacturer's specifications and instructions
- Personal Protective Equipment (PPE) e.g.
  - Mask
  - Face mask/shield
  - Safety boots
  - Safety harness
  - Arm/Hand guard, gloves

- Eye protection (goggles, shield)
- Hearing protection (ear muffs, ear plugs)
- Hair Net/cap/bonnet
- Hard hat
- Face protection (mask, shield)
- Apron/Gown/coverall/jump suit
- Anti-static suits
- High-visibility reflective vest

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