

1410/204
HUMAN GROWTH, DEVELOPMENT
AND COMMUNITY HEALTH
Oct./Nov. 2022
Time: 3 hours



THE KENYA NATIONAL EXAMINATIONS COUNCIL
NATIONAL CERTIFICATE IN SOCIAL DEVELOPMENT
HUMAN GROWTH, DEVELOPMENT AND COMMUNITY HEALTH

3 hours

INSTRUCTIONS TO CANDIDATES

*This paper consists of **FOURTEEN** questions in **TWO** sections; **A** and **B**.
Answer **ALL** the questions in **BOTH** sections in the answer booklet provided.
Maximum marks for each part of a question are as indicated.
Candidates should answer the questions in English.*

This paper consists of 3 printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A (40 marks)

Answer ALL the questions in this section.

1. State **four** reasons for conducting community health diagnosis. (4 marks)
2. Outline **four** modes of transmission of communicable diseases. (4 marks)
3. Identify **four** food nutrients. (4 marks)
4. Explain the following concepts as used in human development:
 - (i) perception; (2 marks)
 - (ii) motivation. (2 marks)
5. Outline **four** factors to be considered in post-natal care. (4 marks)
6. Identify **four** types of tests in psychology. (4 marks)
7. State **four** methods of solid waste disposal. (4 marks)
8. Identify **four** methods of food preservation used at home. (4 marks)
9. Outline **four** benefits of first-aid. (4 marks)
10. State the **four** stages of observational learning. (4 marks)

SECTION B (60 marks)

Answer ALL the questions in this section.

11. (a) Explain **five** factors that influence growth and development of children. (10 marks)
- (b) Outline **five** benefits of ante-natal care. (5 marks)
12. (a) Describe the **three** stages of maternal labour. (6 marks)
- (b) List **four** uses of water at home. (4 marks)
- (c) Outline **five** factors that influence adult learning. (5 marks)
13. (a) Explain the **five** stages in psycho-analytic theory of human development. (10 marks)
- (b) Outline **five** principles of classical conditioning. (5 marks)
14. (a) Explain **five** developmental challenges faced by adolescents. (10 marks)
- (b) State **five** safety issues to consider when building a house. (5 marks)

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