DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: ENG/OS/EIT/BC/06/6/A

UNIT DESCRIPTION

This unit specifies the competencies required to lead the implementation of workplace's safety and health program, procedures and policies/guidelines.

ELEMENTS AND PERFORMANCE CRITERIA

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l elements	
workplace function. Bold and italicized terms are elaborated	ated in the Range
1. Identify workplace 1.1 <i>Hazards</i> in the workplace and/or	its <i>indicators</i> of
hazards and risk its presence, are identified	
1.2 Evaluation and/or work environ	ment
measurements of OSH hazards/ris	sk existing in the
workplace is conducted by	
Authorized personnel or agency	
1.3 OSH issues and/or concerns rais	sed by workers
are	
Gathered	
2. Identify and implement 2.1 Prevention <i>and control measures</i>	s, including use of
appropriate control safety gears / PPE (personal pro-	tective
measures <i>equipment</i>) for specific hazards	
identified and implemented	
2.2 Appropriate <i>risk controls</i> based of	on result of OSH
hazard evaluation is recommende	d.
2.3 Contingency measures, including	g emergency
procedures during workplace incl	idents and
emergencies are recognized and e	established in
accordance with organization pro-	cedures.
3. Implement OSH 3.1 Information to work team about c	company OSH
programs, procedures and program, procedures and policies	/guidelines are
policies/ guidelines provided	
3.2 Implementation of OSH procedur	res and policies/
guidelines are participated	
3.3 Team members are trained and ac	dvised on OSH
standards and procedures	
3.4 Procedures for maintaining <i>OSH</i> -	-related records
are implemented	

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

variable	Range
Hazards include but are not	Physical hazards – impact, illumination, pressure,
limited to:	noise, vibration, extreme temperature, radiation
	Biological hazards- bacteria, viruses, plants,
	parasites, mites, molds, fungi, insects
	 Chemical hazards – dusts, fibers, mists, fumes,
	smoke,
	• gasses, vapors
	Ergonomics Psychological factors – over exertion/
	excessive force, awkward/static positions, fatigue,
	direct pressure,
	varying metabolic cycles
	Physiological factors – monotony, personal
	relationship, work out cycle
	Safety hazards (unsafe workplace condition) –
	• confined space, excavations, falling objects, gas
	leaks, electrical, poor storage of materials and
	waste, spillage, waste and debris
	• Unsafe workers' act (Smoking in off-limited areas,
	Substance and alcohol abuse at work)
Indicators include but are	Increased of incidents of accidents, injuries
not limited to:	Increased occurrence of sickness or health
	complaints/ symptoms
	Common complaints of workers related to OSH
	High absenteeism for work-related reasons
Evaluation and/or work	Health Audit
environment measurements	Safety Audit
include but are not limited	Work Safety and Health Evaluation
to:	Work Environment Measurements of Physical and
	Chemical Hazards
OSH issues and/or concerns	Workers' experience/observance on presence of
include but are not limited	work hazards
to:	Unsafe/unhealthy administrative arrangements
	(prolonged work hours, no break time, constant
	overtime, scheduling of tasks)
	Reasons for compliance/non-compliance to use of
	PPEs or other OSH procedures/policies/guidelines

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Prevention and control	• Eliminate the hazard (i.e., get rid of the dangerous
measures include but are	machine
not limited to:	• Isolate the hazard (i.e. keep the machine in a closed
	room and operate it remotely; barricade an unsafe
	area off)
	• Substitute the hazard with a safer alternative (i.e.,
	replace the machine with a safer one)
	Use administrative controls to reduce the risk (i.e.
	give trainings on how to use equipment safely;
	OSH-related topics, issue warning signages, rotation/shifting work schedule)
	 Use engineering controls to reduce the risk (i.e. use
	safety guards to machine)
	Use personal protective equipment
	Safety, Health and Work Environment Evaluation
	Periodic and/or special medical examinations of
	workers
Safety gears /PPE (Personal	Arm/Hand guard, gloves
Protective Equipment's)	Eye protection (goggles, shield)
include but are not limited	Hearing protection (ear muffs, ear plugs)
to:	Hair Net/cap/bonnet
	Hard hat
	Face protection (mask, shield)
	Apron/Gown/coverall/jump suit
	Anti-static suits
	High-visibility reflective vest
Appropriate risk controls	Appropriate risk controls in order of impact are as
include but not limited to:	follows:
	 Eliminate the hazard altogether (i.e., get rid of the dangerous machine)
	 Isolate the hazard from anyone who could be
	harmed (i.e., keep the machine in a closed room
	and operate it remotely; barricade an unsafe
	area off)
	 Substitute the hazard with a safer alternative
	(i.e., replace the machine with a safer one)
	 Use administrative controls to reduce the risk
	(i.e., train workers how to use equipment
	safely; train workers about the risks of
	harassment; issue signage)
	Use engineering controls to reduce the risk (i.e.,
	attach guards to the machine to protect users)
	Use personal protective equipment (i.e., wear
	gloves and goggles when using the machine)

Contingency measures	Evacuation
include but are not limited	Isolation
to:	Decontamination
	(Calling designed) emergency personnel
Emergency procedures	Fire drill
include but are not limited	Earthquake drill
to:	Basic life support/CPR
	First aid
	Spillage control
	Decontamination of chemical and toxic
	Disaster preparedness/management
	Se of fire-extinguisher
Incidents and emergencies	Chemical spills
include but are not limited	Equipment/vehicle accidents
to:	Explosion
	Fire
	Gas leak
	Injury to personnel
	Structural collapse
	Toxic and/or flammable vapour emission.
OSH-related Records	Medical/Health records
include but are not limited	Incident/accident reports
to:	Sickness notifications/sick leave application
	OSH-related trainings obtained

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Skills on preliminary identification of workplace hazards/risks
- Knowledge management
- Critical thinking skills
- Observation skills
- Coordinating skills
- Communication skills
- Interpersonal skills
- Troubleshooting skills
- Presentation skills
- Training skills

Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH Principles
- Occupational hazards/risks recognition

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- OSH organizations providing services on OSH evaluation and/or work environment measurements (WEM)
- National OSH regulations; company OSH policies and protocols
- Systematic gathering of OSH issues and concerns
- General OSH principles
- National OSH regulations
- Company OSH and recording protocols, procedures and policies/guidelines
- Training and/or counselling methodologies and strategies

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical Aspects	Assessment requires evidence that the candidate:
of Competency	1.1 Identifies hazards/risks in the workplace and/or its indicators
	1.2 Requests for evaluation and/or work environment
	measurements of OSH hazards/risk in the workplace
	1.3 Gathers OSH issues and/or concerns raised by workers
	1.4 Identifies and implements prevention and control measures,
	including use of PPE (personal protective equipment) for
	specific hazards
	1.5 Recommends appropriate risk controls based on result of
	OSH hazard evaluation and OSH issues gathered
	1.6 Establish contingency measures, including emergency
	procedures in accordance with organization procedures
	1.7 Provides information to work team about company OSH
	program, procedures and policies/guidelines
	1.8 Participates in the implementation of OSH procedures and
	policies/guidelines
	1.9 Trains and advises team members on OSH standards and
	procedures
	1.10 Implements procedures for maintaining OSH-related
	records
2. Resource	The following resources should be provided:
Implications	2.1 Workplace or assessment location
	2.2 OSH personal records
	2.3 PPE
	2.4 Health records
3. Methods of	Competency may be assessed through:
Assessment	3.1 Portfolio Assessment
	3.2 Interview
	3.3 Case Study/Situation
	3.4 Observation/Demonstration and oral questioning