DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: ENG/OS/ET/BC/01/6/A

UNIT DESCRIPTION

This unit specifies the competencies required to demonstrate occupational health and safety practices. It involves identifying workplace hazards and risks, identifying and implementing appropriate control measures to hazards and risks and implementing OSH programs, procedures and policies/guidelines.

ELEMENTS AND PERFORMANCE CRITERIA

ELEMENT	PERFORMANCE CRITERIA
These describe the key	These are assessable statements which specify the
outcomes which make up	required level of performance for each of the elements.
workplace function.	Bold and italicized terms are elaborated in the Range
1. Identify workplace	1.1 <i>Hazards</i> in the workplace are identified <i>based their</i>
hazards and risk	indicators
	1.2 Risks and hazards are evaluated based on legal
	requirements.
	1.3 <i>OSH concerns</i> raised by workers are addressed as
	per legal requirements.
2. Control OSH hazards	2.1 Hazard prevention <i>and control measures</i> are
	implemented as per legal requirement.
	2.2 Risk assessment is conducted and a risk matrix
	developed based on likely impact.
	2.3 Contingency measures, including emergency
	procedures during workplace incidents and
	emergencies are recognized and established in
	accordance with organization procedures.
3. Implement OSH	3.1 Company OSH program are identified, evaluated
programs	and reviewed based on legal requirements.
	3.2 Company OSH programs are implemented as per
	legal requirements.
	3.3 Workers are capacity built on OSH standards and
	procedures as per legal requirements
	3.4 <i>OSH-related records</i> are maintained as per legal
	requirements.

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
1. Hazards may include but not limited to: Description	 Physical hazards – impact, illumination, pressure, noise, vibration, extreme temperature, radiation Biological hazards- bacteria, viruses, plants, parasites, mites, molds, fungi, insects Chemical hazards – dusts, fibers, mists, fumes, smoke, gasses, vapors Ergonomics Psychological factors – over exertion/ excessive force, awkward/static positions, fatigue, direct pressure, varying metabolic cycles Physiological factors – monotony, personal relationship, work out cycle Safety hazards (unsafe workplace condition) – confined space, excavations, falling objects, gas leaks, electrical, poor storage of materials and waste, spillage, waste and debris Unsafe workers' act (Smoking in off-limited
2. Indicators may include but not limited to:	 areas, Substance and alcohol abuse at work) Increased of incidents of accidents, injuries Increased occurrence of sickness or health complaints/ symptoms Common complaints of workers related to OSH High absenteeism for work-related reasons
3. OSH concerns may include but not limited to:	 Workers' experience/observance on presence of work hazards Unsafe/unhealthy administrative arrangements (prolonged work hours, no break time, constant overtime, scheduling of tasks) Reasons for compliance/non-compliance to use of PPEs or other OSH procedures/policies/guidelines
4. Safety gears /PPE (Personal Protective Equipment) may include but not limited to:	 Arm/Hand guard, gloves Eye protection (goggles, shield) Hearing protection (ear muffs, ear plugs) Hair Net/cap/bonnet Hard hat Face protection (mask, shield) Apron/Gown/coverall/jump suit Anti-static suits High-visibility reflective vest

5. Appropriate risk	Appropriate risk controls in order of impact are
controls	as follows:
may include but not	Eliminate the hazard altogether (i.e., get rid of the
limited to:	dangerous machine)
	 Isolate the hazard from anyone who could be
	harmed (i.e., keep the machine in a closed room
	and operate it remotely; barricade an unsafe area off)
	 Substitute the hazard with a safer alternative (i.e.,
	replace the machine with a safer one)
	Use administrative controls to reduce the risk
	(i.e., train workers how to use equipment safely;
	train workers about the risks of harassment; issue
	signage)
	• Use engineering controls to reduce the risk (i.e.,
	attach guards to the machine to protect users)
	 Use personal protective equipment (i.e., wear
	 gloves and goggles when using the machine)
6. Contingency measures	Evacuation
may include but not	Isolation
limited to:	 Decontamination
	 (Calling designed) emergency personnel
7. Incidents and	Chemical spills
emergencies may	Equipment/vehicle accidents
include but not	Explosion
limited to:	• Fire
	Gas leak
	Injury to personnel
	Structural collapse
	 Toxic and/or flammable vapors emission.
8. OSH-related Records	Medical/Health records
may include but not	Incident/accident reports
limited to:	Sickness notifications/sick leave application
	OSH-related trainings obtained

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Communication
- Interpersonal
- Presentation
- Risk assessment

- Evaluation
- Critical thinking
- Problem solving
- Negotiation

Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH Principles
- Occupational hazards/risks recognition
- OSH organizations providing services on OSH evaluation and/or work environment measurements (WEM)
- National OSH regulations; company OSH policies and protocols
- Systematic gathering of OSH issues and concerns
- General OSH principles
- National OSH regulations
- Company OSH and recording protocols, procedures and policies/guidelines
- Training and/or counseling methodologies and strategies

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

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1. Critical	Assessment requires evidence that the candidate:	
Aspects of	1.1 Identified hazards in the workplace based their indicators	
Competency	1.2 Evaluated workplace hazards based on legal requirements.	
	1.3 Addressed OSH concerns raised by workers as per legal	
	requirements.	
	1.4 Implemented hazard prevention and control measures as per	
	legal requirement.	
	1.5 Conducted risk assessment as per legal requirement.	
	1.6 Developed risk matrix based on likely impact.	
	1.7 Recognized and established contingency measures in	
	accordance with organization procedures.	
	1.8 Identified, evaluated and reviewed company OSH program	
	based on legal requirements.	
	1.9 Implemented company OSH programs as per legal	
	requirements.	
	1.10 Capacity built workers on OSH standards and procedures	
	as per legal requirements	
	1.11 Maintained OSH-related records as per legal	
	requirements.	
2. Resource	The following resources should be provided:	
Implications	2.3 Access to relevant workplace where assessment can take	
	place	
	2.4 Appropriately simulated environment where assessment	

	can take place
3. Methods of	Competency in this unit may be assessed through:
Assessment	3.1 Observation
	3.2 Oral questioning
	3.3 Written test
	3.4 Portfolio of Evidence
	3.5 Interview
	3.6 Third party report
4. Context of	Competency may be assessed:
Assessment	4.1 On-the-job
	4.2 Off-the –job
	4.3 During Industrial attachment
5. Guidance	Holistic assessment with other units relevant to the industry
information for	sector, workplace and job role is recommended.
assessment	

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