

OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: HOS/CU/FB/BC/07/3/A

Relationship to Occupational Standards

This unit addresses the unit of competency: Demonstrate safety and health practices

Duration of Unit: 15 hours

Unit Description

This unit specifies the competencies required to practice and promote safety and health at work. It entails preparing to practice safety and health at work and complying and promoting compliance of workers to organization's occupational safety and health instructions and requirements.

Summary of Learning Outcomes

1. Prepare to apply workplace safety and health practices
2. Compliance with occupational safety and health Act

Learning Outcomes, Content and Methods of Assessment

Learning Outcome	Content	Methods of Assessment
1. Prepare to apply workplace safety and health practices	<ul style="list-style-type: none">• Awareness of legislation that outlines the minimum standards for occupational safety and health requirements/ regulations• Benefits of implementing an occupational safety and health program• Safety requirements/ regulations of own work and of other workers• Workplace standards and procedures for incidents and emergencies• Prevention and Control Measures for accidents, injuries and sickness	<ul style="list-style-type: none">• Oral tests• Written questions• Observation of work procedures

Learning Outcome	Content	Methods of Assessment
2. Compliance with occupational safety and health Act	<ul style="list-style-type: none"> • Safety instructions and safety signs • Safe handling of tools, equipment and materials • Use of safe guards and safety devices • Reporting of hazards, incidents, injuries and sickness in the workplace 	<ul style="list-style-type: none"> • Written tests • Oral questions • Observation of work procedures

Suggested Methods of Instruction

- Assignments
- Discussion
- Q&A
- Role play
- Viewing of related videos

Recommended Resources

- Occupational safety and health standards
- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Client/supplier instructions
- Organizational or external personnel
- Machine/equipment manufacturer's specifications and instructions
- Quality standards