

## OCCUPATIONAL SAFETY AND HEALTH PRACTICES

**UNIT CODE: FAS/CU/FD/BC/07/3/A**

### Relationship to Occupational Standards

This unit addresses the unit of competency: Demonstrate safety and health practices

**Duration of Unit:** 15 hours

### Unit Description

This unit describes the competencies required by a worker in an industry to practice and promote safety and health at work.

### Summary of Learning Outcomes

1. Prepare to apply workplace safety and health practices
2. Compliance with occupational safety and health Act

### Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods
1. Prepare to apply workplace safety and health practices	<ul style="list-style-type: none"><li>• Awareness of legislation that outlines the minimum standards for occupational safety and health requirements/ regulations</li><li>• Benefits of implementing an occupational safety and health program</li><li>• Safety requirements/ regulations of own work and of other workers</li><li>• Workplace standards and procedures for incidents and emergencies</li><li>• Prevention and Control Measures for accidents, injuries and sickness</li></ul>	<ul style="list-style-type: none"><li>• Oral questions</li><li>• Written questions</li><li>• Observation of work procedures</li></ul>

2. Compliance with occupational safety and health Act	<ul style="list-style-type: none"> <li>• Safety instructions and safety signs</li> <li>• Safe handling of tools, equipment and materials</li> <li>• Use of safe guards and safety devices</li> <li>• Reporting of hazards, incidents, injuries and sickness in the workplace</li> </ul>	<ul style="list-style-type: none"> <li>• Written questions</li> <li>• Oral questions</li> <li>• Observation of work procedures</li> </ul>
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### **Suggested Methods of Instruction**

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainee
- Observations and comments and corrections by trainers

### **Recommended Resources**

- Occupational safety and health standards
- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Client/supplier instructions
- Organizational or external personnel
- Machine/equipment manufacturer's specifications and instructions
- Quality standards