DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: HRM/OS/BUS/BC/07/6/A

UNIT DESCRIPTION

This unit specifies the competencies required to demonstrate occupational health and safety practices. It involves identifying workplace hazards and risks, identifying and implementing appropriate control measures to hazards and risks and implementing OSH programs, procedures and policies/guidelines.

ELEMENT	PERFORMANCE CRITERIA
These describe the key	These are assessable statements which specify the required
outcomes which make up	level of performance for each of the elements.
workplace function.	Bold and italicized terms are elaborated in the Range
1. Identify workplace hazards	1.1 <i>Hazards</i> in the workplace are identified <i>based their</i>
and risk	indicators
	1.2 Risks and hazards are evaluated based on legal
	requirements.
	1.3 OSH concerns raised by workers are addressed as per
	legal requirements.
2. Control OSH hazards	2.1 Hazard prevention <i>and control measures</i> are
	implemented as per legal requirement.
	2.2 Risk assessment is conducted and a risk matrix developed
	based on likely impact.
	2.3 Contingency measures, including emergency procedures
	during workplace incidents and emergencies are recognized
	and established in accordance with organization procedures.
3. Implement OSH programs	3.1 Company OSH program are identified, evaluated and
	reviewed based on legal requirements.
	3.2 Company OSH programs are implemented as per legal
	requirements.
	3.3 Workers are capacity built on OSH standards and
	procedures as per legal requirements
	3.4 OSH-related records are maintained as per legal
	requirements.

ELEMENTS AND PERFORMANCE CRITERIA

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
1. Hazards may include but	• Physical hazards – impact, illumination, pressure,
not limited to:	noise,
	• vibration, extreme temperature, radiation
	• Biological hazards- bacteria, viruses, plants, parasites,
	mites, molds, fungi, insects
	• Chemical hazards – dusts, fibers, mists, fumes, smoke,
	gasses, vapors
	Ergonomics
	• Psychological factors – over exertion/ excessive force,
	awkward/static positions, fatigue, direct pressure,
	• varying metabolic cycles
	• Physiological factors – monotony, personal
	relationship, work out cycle
	• Safety hazards (unsafe workplace condition) –confined
	space, excavations, falling objects, gas leaks, electrical,
	poor storage of materials and waste, spillage, waste and
	debris
	• Unsafe workers' act (Smoking in off-limited areas,
	Substance and alcohol abuse at work)
2. Indicators may include	 Increased of incidents of accidents, injuries
but not limited to:	• Increased occurrence of sickness or health complaints/
	symptoms
	Common complaints of workers related to OSH
	High absenteeism for work-related reasons
3. OSH concerns may	• Workers' experience/observance on presence of work
include but not limited	hazards
to:	Unsafe/unhealthy administrative arrangements
	(prolonged work hours, no break time, constant
	overtime, scheduling of tasks)
	• Reasons for compliance/non-compliance to use of
	PPEs or other OSH procedures/policies/guidelines

4. Safety gears /PPE	• Arm/Hand guard, gloves
(Personal Protective	• Eye protection (goggles, shield)
Equipment) may include	• Hearing protection (ear muffs, ear plugs)
but not limited to:	Hair Net/cap/bonnet
	Hard hat
	• Face protection (mask, shield)
	Apron/Gown/coverall/jump suit
	Anti-static suits
	High-visibility reflective vest
5. Appropriate risk controls	• Appropriate risk controls in order of impact are as
may include but not limited	follows:
to:	• Eliminate the hazard altogether (i.e., get rid of the
	dangerous machine)
	• Isolate the hazard from anyone who could be harmed
	(i.e., keep the machine in a closed room and operate it
	remotely; barricade an unsafe area off)
	• Substitute the hazard with a safer alternative (i.e.,
	replace the machine with a safer one)
	• Use administrative controls to reduce the risk (i.e., train
	workers how to use equipment safely; train workers
	about the risks of harassment; issue signage)
	• Use engineering controls to reduce the risk (i.e., attach
	guards to the machine to protect users)
	• Use personal protective equipment (i.e., wear
	• gloves and goggles when using the machine)
6. Contingency measures	• Evacuation
may include but not limited to:	• Isolation
limited to:	• Decontamination
	• (Calling designed) emergency personnel
7. Incidents and	Chemical spills
emergencies may	• Equipment/vehicle accidents
include but not limited	Explosion
to:	• Fire
	• Gas leak
	• Injury to personnel
	Structural collapse
	• Toxic and/or flammable vapors emission.

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8. OSH-related Records	Medical/Health records
may include but not	Incident/accident reports
limited to:	Sickness notifications/sick leave application
	OSH-related trainings obtained

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Communication
- Interpersonal
- Presentation
- Risk assessment
- Evaluation
- Critical thinking
- Problem solving
- Negotiation

Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH Principles
- Occupational hazards/risks recognition
- OSH organizations providing services on OSH evaluation and/or work environment measurements (WEM)

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- National OSH regulations; company OSH policies and protocols
- Systematic gathering of OSH issues and concerns
- General OSH principles
- National OSH regulations
- Company OSH and recording protocols, procedures and policies/guidelines

• Training and/or counseling methodologies and strategies

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical Aspects	Assessment requires evidence that the candidate:
of Competency	1.1 Identified hazards in the workplace based their indicators
	1.2 Evaluated workplace hazards based on legal requirements.
	1.3 Addressed OSH concerns raised by workers as per legal
	requirements.
	1.4 Implemented hazard prevention and control measures as per legal requirement.
	1.5 Conducted risk assessment as per legal requirement.
	1.6 Developed risk matrix based on likely impact.
	1.7 Recognized and established contingency measures in accordance
	with organization procedures.
	1.8 Identified, evaluated and reviewed company OSH program based on legal requirements.
	1.9 Implemented company OSH programs as per legal requirements.
	1.10 Capacity built workers on OSH standards and procedures as per legal requirements
	1.11 Maintained OSH-related records as per legal requirements.
2. Resource	The following resources should be provided:
Implications	2.3 Access to relevant workplace where assessment can take place
	2.4 Appropriately simulated environment where assessment can take place
3. Methods of	Competency in this unit may be assessed through:
Assessment	3.1 Observation
	3.2 Oral questioning
	3.3 Written test
	3.4 Portfolio of Evidence
	3.5 Interview
	3.6 Third party report

4. Context of	Competency may be assessed:
Assessment	4.1 On-the-job
	4.2 Off-the –job
	4.3 During Industrial attachment
5. Guidance	Holistic assessment with other units relevant to the industry sector,
information for	workplace and job role is recommended.
assessment	

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