NUTRITION IN EMERGENCY

UNIT CODE: MED/CU/NUD/CR/01/5/A/A

Relationship to Occupational Standards

This unit addresses the unit of competency:

Duration of Unit: 56 hours

Unit Description

This unit specifies the competencies required to apply nutrition in emergency. It involves conducting rapid assessment on the nutrition situation, selecting food and nutrition emergency responses and plan, providing nutrition and health interventions and monitoring implementation of intervention. It also includes documenting nutritional intervention during emergencies and demonstrating knowledge on food and nutrition security in emergencies.

Summary of Learning Outcomes

- 1 Conduct rapid assessment on the nutrition situation
- 2 Select food and nutrition emergency responses and plan
- 3 Provide nutrition and health interventions
- 4 Monitor implementation of interventions
- 5 Document nutritional intervention during emergencies

Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested
		Assessment
		Methods
 Conduct rapid assessment on the nutrition situation during emergency 	 Meaning of terms; nutrition in emergency, disaster, rapid nutrition assessment, emergency mitigation Nutrition project cycle in emergency; rapid assessment; anthropometric assessment and interpretation, needs assessment in emergency Causes/sources of emergency 	 Written . Observation Third party report Oral questioning Interviews
2. Select food and nutrition emergency responses and plan	 Types of emergency response Emergency response cycle Stakeholders and their roles in in emergency Response 	 Written . Observation Third party report Oral questioning Interviews

Le	arning Outcome Provide nutrition and	Content Prioritizing nutrition and health	Suggested Assessment Methods • Written .
	health interventions	interventionNutrition and health interventions in emergency	 Observation Third party report Oral questioning Interviews
4.	Monitor implementation of interventions	 Monitoring and evaluation of nutrition and health interventions in emergency Implementation of interventions/project implementation during emergency 	 Written . Observation Third party report Oral questioning Interviews
5.	Document nutritional intervention during emergencies	• Nutrition and health interventions in emergency; feeding programs, nutrition education and counselling, supplementary feeding, therapeutic feeding, WASH, medical nutrition therapies, mosquito nets etc	 Written . Observation Third party report Oral questioning Interviews
6.	Demonstrate knowledge on food and nutrition security in emergency	 Meaning of food and nutrition security in emergency Assessment of food and nutrition security in emergency Componenets/pillars of food and nutrition security; food availability, food accessibility, food sustainability, food and nutrient utilization Food and nutrition security policies Mitigation of food and nutrition insecurity in emergencies Food and nutrition surveillance systems in emergency 	 Written . Observation Third party report Oral questioning Interviews

Suggested Methods of Instruction

• Projects

- Demonstration by trainer
- Practice by the trainee
- Discussions
- Direct instruction
- Role playing

Recommended Resources

- Computers with internet
- Library and resource centre
- WHO guidelines
- MOH
- Ministry of Education
- Skills lab
- Use of LCDs, video clips, charts and other teaching aids
- Invitation of compeptent expertise

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