

NUTRITION IN EMERGENCY

UNIT CODE: MED/CU/NUD/CR/01/6/A

Relationship to Occupational Standards

This unit addresses the unit of competency: apply nutrition in emergency

Duration of Unit: 80 hours

Unit Description

This unit specifies the competencies required to apply nutrition in emergency .it involves conducting rapid assessment on the nutrition situation, selecting food and nutrition emergency responses and plan, providing nutrition and health interventions and monitoring implementation of interventions.

Summary of Learning Outcomes

- 1 Conduct rapid assessment on the nutrition situation
- 2 Select food and nutrition emergency responses and plan
- 3 Provide nutrition and health interventions
- 4 Monitor implementation of interventions
- 5 Document nutritional intervention during emergencies

Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods
1. Conduct rapid assessment on the nutrition situation	<ul style="list-style-type: none">• Meaning of terms; nutrition in emergency, disaster, rapid nutrition assessment, emergency mitigation• Nutrition project cycle in emergency; rapid assessment; anthropometric assessment and interpretation, needs assessment in emergency• Causes/sources of emergency	<ul style="list-style-type: none">• Written .• Observation• Third party report• Oral questioning• Interviews
2. Select food and nutrition emergency responses and plan	<ul style="list-style-type: none">• Types of emergency response• Emergency response cycle• Stakeholders and their roles in in emergency Response	<ul style="list-style-type: none">• Written .• Observation• Third party report• Oral questioning• Interviews
3. Provide nutrition and	<ul style="list-style-type: none">• Prioritizing nutrition and health intervention	<ul style="list-style-type: none">• Written .• Observation

Learning Outcome	Content	Suggested Assessment Methods
health interventions	<ul style="list-style-type: none"> • Nutrition and health interventions in emergency 	<ul style="list-style-type: none"> • Third party report • Oral questioning • Interviews
4. Monitor implementation of interventions	<ul style="list-style-type: none"> • Monitoring and evaluation of nutrition and health interventions in emergency • Implementation of interventions/project implementation during emergency • 	<ul style="list-style-type: none"> • Written . • Observation • Third party report • Oral questioning • Interviews
5. Document nutritional intervention during emergencies	<ul style="list-style-type: none"> • Nutrition and health interventions in emergency; feeding programs, nutrition education and counselling, supplementary feeding, therapeutic feeding, WASH, medical nutrition therapies, mosquito nets 	<ul style="list-style-type: none"> • Written . • Observation • Third party report • Oral questioning • Interviews
6. Demonstrate knowledge on food Nutrition and dietetics	<ul style="list-style-type: none"> • Meaning of food Nutrition and dietetics • Food Nutrition and dietetics assessment • Component/pillars of food Nutrition and dietetics ; food availability, food accessibility, food sustainability, food and nutrient utilization • Food Nutrition and dietetics policies • Mitigation of food in Nutrition and dietetics ; food Nutrition and dietetics surveillance 	<ul style="list-style-type: none"> • Written . • Observation • Third party report • Oral questioning • Interviews

Suggested Methods of Delivery

- Projects
- Demonstration by trainer
- Practice by the trainee
- Discussions
- Direct instruction

- Role playing

Recommended Resources

- Computers with internet
- Library and resource centre
- WHO guidelines
- MOH
- Ministry of Education
- Skills lab
- Use of LCDs, video clips, charts and other teaching aids
- Invitation of competent expertise

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