

## NUTRITION ASSESSMENT AND SURVEILLANCE

**UNIT CODE:** MED/CU/NUD/CR/11/6/A

### **Relationship to Occupational Standards**

This unit addresses the unit of competency: conduct nutrition assessment and surveillance

**Duration of Unit:** 70 hours

### **Unit Description**

This unit covers the competencies required to conduct nutrition assessment and surveillance .it includes conducting anthropometric assessment, interpreting biochemical assessment result, conducting clinical examination, conducting dietary surveys, conducting nutrition surveillance and conducting program monitoring and evaluation

### **Summary of Learning Outcomes**

- 1 Conduct anthropometric assessment
- 2 Interpret biochemical assessment result
- 3 Conduct clinical examination
- 4 Conduct dietary surveys
- 5 Conduct nutrition surveillance

### **Learning Outcomes, Content and Suggested Assessment Methods**

<b>Learning Outcome</b>	<b>Content</b>	<b>Suggested Assessment Methods</b>
1. Conduct dietary surveys	<ul style="list-style-type: none"><li>• Meaning of nutrition and dietary surveys</li><li>• Importance of nutrition surveys</li><li>• Methods of coconducting nutrition surveys</li><li>• Indicators for nutrition surveys</li><li>• Steps in conducting nutrition surveys (nutrition survey designs, sampling methods, determining sampling size, data collection tools etc</li><li>• Data analysis and reporting</li></ul>	<ul style="list-style-type: none"><li>• Written .</li><li>• Observation</li><li>• Third party report</li><li>• Oral questioning</li><li>• Interviews</li></ul>

Learning Outcome	Content	Suggested Assessment Methods
2. Conduct nutrition surveillance	<ul style="list-style-type: none"> <li>• Meaning of surveillance</li> <li>• Surveillance systems</li> <li>• Importance of surveillance</li> <li>• Nutrition information systems</li> </ul>	<ul style="list-style-type: none"> <li>• Written .</li> <li>• Observation</li> <li>• Third party report</li> <li>• Oral questioning</li> <li>• Interviews</li> </ul>

### Suggested Methods of Delivery

- Projects
- Demonstration by trainer
- Practice by the trainee
- Discussions
- Direct instruction

### Recommended Resources

- Computers with internet
- Library and resource centre
- WHO guidelines
- MOH
- Ministry of Education
- Skills lab
- Use of LCDs, video clips, charts and other teaching aids
- Invitation of competent expertise

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