

MANAGE MATERNAL AND CHILD NUTRITION

UNIT CODE: MED/OS/NUD/CR/06/6/A

UNIT DESCRIPTION

This unit specifies the competencies required to manage maternal and child nutrition. It involves advising on nutrition requirement during pregnancy, managing preterm and low birth weight baby, informing on complementary feeding and weaning, managing challenges in maternal child nutrition, providing nutrient supplementation in pregnancy and childhood and documenting maternal and child nutrition care

ELEMENT These describe the key outcomes which make up workplace function .	PERFORMANCE CRITERIA These are assessable statements which specify the required level of performance for each of the elements. <i>Bold and italicized terms are elaborated in the range.</i>
1. Advice on nutrition requirement during pregnancy	1.1 Adequate weight gain through sufficient and balanced protein and energy intake is promoted as per workplace requirement 1.2 consistent and continued use of micronutrient supplements, <i>food supplements</i> or fortified foods are encouraged as per client nutrition needs 1.3 Clients are advised that a healthy diet during pregnancy contains adequate energy, protein, vitamins and minerals, obtained through the consumption of a variety of foods
2. Manage preterm and low birth weight baby	2.1 Babies growth is monitored as per work place procedures 2.2 Babies are fed as per their nutrition requirement 2.3 Babies' health status is monitored as per work place procedures 2.4 Exclusive breastfeeding is encouraged for the first six months 2.5 Breast milk fortification is carried out as per work place procedures
3. Inform on complementary feeding	3.1 Dietary requirements are obtained as per work place procedures 3.2 Breastfeeding is observed for two years as per WHO guidelines 3.3 Babies growth is monitored as per work place procedures

	3.4 Babies are supplemented with micronutrients as per their nutrition requirements
4. Manage challenges in maternal child nutrition	<p>4.1 Macro and micro nutrients deficiency are addressed as per nutritional needs</p> <p>4.2 Food intake is monitored as per nutrition requirements</p> <p>4.3 Quality of nutrition is improved as per work place procedures</p> <p>4.4 Food malnutrition is addressed as per nutrition requirements</p> <p>4.5 Infections are controlled as per standard operating procedures</p> <p>4.6 Nutrition related disorders are addressed as per work place procedures</p> <p>4.7 Congenital disorders are addressed as per standard operating procedures</p>
5. Provide nutrient supplementation in pregnancy and childhood	<p>5.1 Macro and micro nutrients are administered as per WHO guidelines</p> <p>5.2 IMAM guidelines are followed as per WHO standards</p> <p>5.3 Therapeutic feeding is administered as per WHO standards</p>
6. Document maternal and child nutrition care	<p>6.1 Mother baby booklet is obtained as per WHO standards</p> <p>6.2 MOH registers are availed as per ministry of health standards</p>

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environment and situations that will affect performance.

Variable	Range
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1. nutritional supplements	1.1 Folic acid 1.2 Vitamin A 1.3 Iron 1.4 Multiple micronutrients
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REQUIRED KNOWLEDGE AND UNDERSTANDING

The individual needs to demonstrate knowledge of:

Knowledge

Macro and micro nutrients

WHO guidelines

WFP guidelines

Anatomy and physiology

SKILLS

The individual needs to demonstrate the following skills:

- ICT
- Communication
- Information technology
- Analysis
- Synthesis and evaluation
- Decision making
- Management
- Leadership

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical Aspects of Competency	Assessment requires evidence that the candidate: Demonstrates; <ol style="list-style-type: none"> 1.1 Ability to advice on nutrition requirement during pregnancy 1.2 Ability to manage preterm and low birth weight baby 1.3 Ability to inform on complementary feeding and weaning 1.4 Ability to manage challenges in maternal child nutrition 1.5 Ability to provide nutrient supplementation in pregnancy and childhood
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	1.6 Ability to document maternal and child nutrition care
2. Resource Implications	The following resources must be provided: 5.1
3. Methods of Assessment	Competency may be accessed through: 3.1 Written tests 3.2 Oral questioning 3.3 Third party reports 3.4 Case studies
4. Context of Assessment	Competency may be assessed: <ul style="list-style-type: none"> • On the job • Off the job • In work placement (attachment) Off the job assessment must be undertaken in a closely simulated workplace environment
5. Guidance information for assessment	Holistic assessment with other units relevant to the industry subsector, workplace and job roles is recommended.

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