

CONDUCT NUTRITION EDUCATION AND COUNSELLING

UNIT CODE: MED/OS/NUD/CR/07/6/A

UNIT DESCRIPTION

This unit specifies the competencies required to manage nutrition and dietetic services It includes: assessing concepts of counselling, evaluating patients' response to nutritional care plan, exploring dietary modifications and supporting the client with acceptance of nutrition care plan

ELEMENTS AND PERFORMANCE CRITERIA

ELEMENT These describe the key outcomes which make up workplace function .	PERFORMANCE CRITERIA These are assessable statements which specify the required level of performance for each of the elements. <i>Bold and italicized terms are elaborated in the range.</i>
1. Asses concepts of counselling	1.1 <i>Counselling techniques</i> are identified are as per work place procedures 1.2 Counselling environment is identified as per work place procedures 1.3 Ethical principles of counselling are observed as per work place policy
2. Evaluate patients' response to nutritional care plan	2.1 Client dietary compliance is assessed as per work place procedure 2.2 Client knowledge on recommended diet is tested as per work place procedures 2.3 Counselling goals are monitored as per work place policy
3. Explore dietary modifications	3.1 Critical nutrition actions are observed as per work place procedures 3.2 Diet recommendation are given as per work place procedures 3.3 Result of nutrition assessment are interpreted as per work place policy
4. Support the client with acceptance of nutrition care plan	4.1 The acceptability, tolerance and consumption of meals by the client are reported to the dietitian or relevant health professional

	<p>4.2 Problems which may lead to poor acceptance and/or tolerance of the nutrition care plan by client are reported to the dietitian</p> <p>4.3 Information regarding nutrition care plan is provided to client when appropriate and as directed by dietitian or relevant health professional</p> <p>4.4 Feedback about changes to food preferences and nutrition care are provided to catering/food services and to dietitians</p>
--	--

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environment and situations that will affect performance.

Variable	Range
1. Counselling techniques	<ul style="list-style-type: none"> • Family therapy • Cognitive distortion • Cognitive behavioral therapy • Communication skill

REQUIRED KNOWLEDGE AND UNDERSTANDING

The individual needs to demonstrate knowledge of:

Knowledge

- Etiology
- Anatomy and physiology
- Macro and micro nutrients
- Nutrition and disease

SKILLS

The individual needs to demonstrate the following skills:

- ICT
- Communication
- Information technology
- Analysis
- Synthesis and evaluation
- Decision making
- Management

- Leadership

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical Aspects of Competency	Assessment requires evidence that the candidate: Demonstrates; 1.1 Ability to asses' concepts of counselling 1.2 Ability to evaluate patients' response to nutritional care plan 1.3 Ability to explore dietary modifications 1.4 Ability to support the client with acceptance of nutrition care plan
2. Resource Implications	The following resources must be provided: 2.1 Nutrition books
3. Methods of Assessment	Competency may be accessed through: 3.1 Written tests 3.2 Oral questioning 3.3 Third party reports 3.4 Case studies
4. Context of Assessment	Competency may be assessed: 4.1 On the job 4.2 Off the job 4.3 In work placement (attachment) 4.4 Off the job assessment must be undertaken in a closely simulated workplace environment
5. Guidance information for assessment	Holistic assessment with other units relevant to the industry subsector, workplace and job roles is recommended.