

HOME BASED CARE AND SUPPORT

UNIT CODE: COD/CU/SW/CR/04/4/A

Relationship to Occupational Standards

This unit addresses the unit of competency: perform home based care and support

Duration of the Unit: 100 Hours

UNIT DESCRIPTION

This unit covers competencies required to identify and community and individual needs, analyse stakeholders, implement a care plan, monitor, conduct referrals and document home based care and support activities

Summary of Learning Outcomes

1. Identify and assess community and individual needs
2. Analyze stakeholders
3. Implement care plan
4. Monitor, conduct referral and document home based care and support activities

Learning Outcomes, Content and Methods of Assessment

Learning outcome	Content	Methods of Assessment
1. Identify and assess community and individual needs	<ul style="list-style-type: none">• Meaning importance of home based care and support• Home based care issues• Principles and guidelines of home based care• Practice of home based care• Community leadership structures• Introductory community meetings• Planning and review meetings• Targeting of beneficiaries	<ul style="list-style-type: none">• Case studies• Observation• Written tests• Assignments• Supervised exercise• Simulations• Oral questions• Questionnaires

	<ul style="list-style-type: none"> • Tools to identify and assess community and individual needs • Data collection and analysis • Establishment of collaborative linkages with structures and partners • Importance of home based care needs assessment for various categories of needs and issues • Preparation of a needs assessment report • Dissemination of report findings to relevant stakeholder 	
2. Analyse stakeholders	<ul style="list-style-type: none"> • Identification of relevant partners and stakeholders • Identification of the required resources for home based care • Mapping of local and external stakeholders • Stakeholders directory • Mobilisation of resources from stakeholders 	<ul style="list-style-type: none"> • Case studies • Observation • Written tests • Assignments • Supervised exercise • Simulations • Oral questions
3. Implement a care plan,	<ul style="list-style-type: none"> • Formation of an assessment team • Importance of an assessment team • Identification and engagement of community partners • Development and implementation of assessment tools on health priorities 	<ul style="list-style-type: none"> • Case studies • Observation • Written tests • Assignments • Supervised exercise • Simulations • Oral questions

	<ul style="list-style-type: none"> • Importance of advocacy for home based care • Development and implementation of an advocacy plan for home based care • Development of individual care plan • Allocation of resources for community and individual care plan • Community mobilisation in support of home based care 	
<p>4. Monitor, conduct referral and document home based care and support activities</p>	<ul style="list-style-type: none"> • Ethical issues in home based care and support • Approaches and importance of personal therapy • Identification of client's and community performance indicators • Monitoring and review of the indicators of a care plan • Tracking and analysing of client's performance indicators • Preparation of the clients individual and community home based care report • Identification of referral cases • Process of execution of referral cases • Documentation plan for home based care and support activities 	<ul style="list-style-type: none"> • Case studies • Observation • Written tests • Assignments • Supervised exercise • Simulations • Oral questions

	<ul style="list-style-type: none">• Documentation tools• Implementation of the documentation plan	
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Suggested Methods of Instruction

- Group discussions and presentations
- Demonstration by trainer
- Practical work by trainer
- Exercise
- Field work
- Resource persons

Recommended resources

- Aprons
- Gum boots
- Gloves
- Operational office
- Fully operational residential institution
- First aid kit
- Legal documents on home based care
- Personnel

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