

## HOME BASED CARE AND SUPPORT

**UNIT CODE:** COD/CU/SW/SR/8/6/A

### Relationship to Occupational Standards

This unit addresses the unit of competency: perform home based care and support

**Duration of Unit:** 110 Hours

### Unit Description

This unit describes the competencies required to perform home based care and support. It involves identifying community health structures and partners, conducting home based care needs assessment, mobilizing required resources for home-based care, undertaking home visits, carrying out support advocacy, monitoring client's performance and documenting home based care and support activities.

### Summary of Learning Outcomes

1. Identify community health structures and partners
2. Conduct home based care needs assessment
3. Mobilize required resources for home-based care
4. Undertake home visits
5. Carry out support advocacy
6. Monitor patients' performance
7. Document home-based care and support activities.

### Learning Outcomes, Content and Methods of Assessment

Learning outcome	Content	Methods of Assessment
1. Identify community health structures and partners	<ul style="list-style-type: none"><li>• Meaning importance of home-based care and support</li><li>• Principles and guidelines of home based care</li><li>• Practice of home-based care</li><li>• Identification of</li></ul>	<ul style="list-style-type: none"><li>• Case studies</li><li>• Observation</li><li>• Written tests</li><li>• Assignments</li><li>• Supervised exercise</li><li>• Simulations</li></ul>

	<p>relevant partners</p> <ul style="list-style-type: none"> <li>• Establishment of collaborative linkages with structures and partners</li> <li>• Planning and review meetings</li> </ul>	
2. Conduct home based care needs assessment	<ul style="list-style-type: none"> <li>• Importance of home-based care needs assessment</li> <li>• Development of assessment tools</li> <li>• Beneficiary targeting</li> <li>• Administration of assessment tools</li> <li>• Data collection and analysis</li> <li>• Preparation of a needs assessment report</li> <li>• Dissemination of report findings to relevant stakeholders</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
3. Mobilize required resources for home-based care	<ul style="list-style-type: none"> <li>• Identification of the required resources for home-based care</li> <li>• Mapping of local and external stakeholders</li> <li>• Stake holders directory</li> <li>• Mobilisation of resources from stakeholders</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>

<p>4. Undertake home visits</p>	<ul style="list-style-type: none"> <li>• Meaning and importance of individual care plan</li> <li>• Development of individual care plan</li> <li>• Allocation of resources for individual care plan</li> <li>• Implementation of the individual care plan</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
<p>5. Carry out support advocacy</p>	<ul style="list-style-type: none"> <li>• Importance of advocacy for home-based care</li> <li>• Development an advocacy plan for home based care</li> <li>• Community mobilisation in support of home-based care</li> <li>• Implementation of the advocacy plan</li> <li>• Monitoring and review of the advocacy plan</li> <li>• Preparation and sharing of the advocacy report</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
<p>6. Monitor client's performance</p>	<ul style="list-style-type: none"> <li>• Identification of client's performance indicators</li> <li>• Tracking and analysing of client's</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>

	<p>performance indicators</p> <ul style="list-style-type: none"> <li>• Preparation of the clients individual home-based care report</li> <li>• Execution of referral where necessary</li> </ul>	
7. Document home-based care and support activities	<ul style="list-style-type: none"> <li>• Documentation plan for home-based care and support activities</li> <li>• Documentation tools</li> <li>• Implementation of the documentation plan</li> <li>• Analysis of the documentation</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>

**Suggested Methods of Instruction**

- Group discussions and presentations
- Demonstration by trainer
- Practical work by trainer
- Exercise
- Field work
- Resource persons

## **Recommended resources**

- Video cameras
- Tablets
- Smart phones
- SD cards and card readers
- TFT screen
- Recorders

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