

## COORDINATION OF REHABILITATION PROGRAMMES

**UNIT CODE:** COD/CU/SW/SR/9/6/A

### Relationship to Occupational Standards

This unit addresses the unit of competency: coordinate rehabilitation programmes

**Duration of Unit:** 130 Hours

### Unit Description

This unit describes the competencies required to coordinate rehabilitation programmes. It involves establishing social economic maladjustment causes, types and social economic impacts, creating family and societal linkages/referrals, assessing clients' needs, carrying out client rehabilitation plan. It also includes integrating client to the society, monitoring clients' progress and home environment and evaluating client rehabilitation activities and follow up.

### Summary of Learning Outcomes

- 1 Establish social economic maladjustment causes, types and social economic impacts
- 2 Create family and society linkages/referrals
- 3 Assess clients' needs
- 4 Carry out client rehabilitation plan
- 5 Integrate client to the society
- 6 Monitor client's progress and home environment
- 7 Evaluate client rehabilitation activities
- 8 Follow up

### Learning Outcomes, Content and Methods of Assessment

Learning Outcomes	Content	Methods of Assessment
1. Establish social economic maladjustment causes, types and social economic impacts	<ul style="list-style-type: none"><li>▪ Meaning and importance of rehabilitation</li><li>▪ Key theories of rehabilitations</li><li>▪ Types, causes and impact social economic maladjustment</li></ul>	<ul style="list-style-type: none"><li>• Case studies</li><li>• Observation</li><li>• Written tests</li><li>• Assignments</li><li>• Supervised exercise</li></ul>

	<ul style="list-style-type: none"> <li>▪ Models of disability (medical, social, child)</li> <li>▪ Types of rehabilitation</li> <li>▪ Identification of existing social economic maladjustments in the community</li> <li>▪ Conduct a study to investigate the problem</li> <li>▪ Formulation of study objectives</li> <li>▪ Preparation of data collection tools</li> <li>▪ Selection of the study sample</li> <li>▪ Administration of the tools</li> <li>▪ Data analysis and report writing</li> <li>▪ Dissemination of the report to relevant stake holders</li> </ul>	<ul style="list-style-type: none"> <li>• Simulations</li> </ul>
2. Create family and society linkages/referrals	<ul style="list-style-type: none"> <li>• Importance of rehabilitation linkages and partnerships</li> <li>• Mapping of relevant stakeholders</li> <li>• Preparation of stakeholders directory</li> <li>• Stakeholder mobilisation</li> <li>• Joint action planning and review meeting</li> <li>• Validation of study report by stakeholders</li> <li>• Dissemination of the reports to community members and other partners</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
3. Assess clients' needs	<ul style="list-style-type: none"> <li>• Formulation of needs</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> </ul>

	<p>assessment tools for various categories of maladjustment issues</p> <ul style="list-style-type: none"> <li>• Administration of the assessment tools</li> <li>• Analysis of client's needs based on the assessment</li> <li>• Report on client's needs</li> <li>• Dissemination of the report to relevant stakeholders</li> </ul>	<ul style="list-style-type: none"> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
4. Carry out client rehabilitation	<ul style="list-style-type: none"> <li>• Development of an individual treatment plan</li> <li>• Establishment of referrals and linkages based on client's needs</li> <li>• Agreement of the treatment plan with the client/guardian</li> <li>• Resource allocation for the treatment plan</li> <li>• Implementation of the individual treatment plan</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
5. Reintegrate client to the society	<ul style="list-style-type: none"> <li>• Meaning and importance of social reintegration</li> <li>• Meaning and importance of social inquiry/investigation</li> <li>• Preparation of a social inquiry report</li> <li>• Formulation of a home treatment (meaning, importance and procedure)</li> <li>• Implementation of home environment/community treatment plan</li> <li>• Monitor and review</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>

	<p>client's progress</p> <ul style="list-style-type: none"> <li>• Social reintegration meetings (family and community)</li> <li>• Actual client reintegration into the family and community</li> </ul>	
6. Monitor clients progress and home environment	<ul style="list-style-type: none"> <li>• Importance of monitoring clients progress</li> <li>• Development of a monitoring plan</li> <li>• Alignment of monitoring plan to individual treatment and home environment treatment plan</li> <li>• Implementation of the monitoring plan</li> <li>• Review of the monitoring plan based on the client' progress</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
7. Evaluate client rehabilitation activities	<ul style="list-style-type: none"> <li>• Importance of evaluating client's rehabilitation activities</li> <li>• Development of an evaluation plan</li> <li>• Development of evaluation tools</li> <li>• Administration of evaluation tools</li> <li>• Analysis of findings</li> <li>• Evaluation report.</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised exercise</li> <li>• Simulations</li> </ul>
8. Follow up	<ul style="list-style-type: none"> <li>• Importance of follow on client's progress</li> <li>• Develop a follow up plan</li> <li>• Formulation and administration of follow up tools</li> </ul>	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Observation</li> <li>• Written tests</li> <li>• Assignments</li> <li>• Supervised</li> </ul>

	<ul style="list-style-type: none"> <li>• Review meetings</li> <li>• Revision of follow up plan and referral where necessary</li> <li>• Disengagement</li> </ul>	<p>exercise</p> <ul style="list-style-type: none"> <li>• Simulations</li> </ul>
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### **Suggested Methods of Instruction**

- Group discussions and presentations
- Demonstration by trainer
- Practical work by trainer
- Exercise
- Field work
- Resource persons

### **Recommended resources**

- Video cameras
- Tablets
- Smart phones
- SD cards and card readers
- TFT screen
- Recorders

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