DEMONSTRATE OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: TO/OS/TM/BC/07/5/A

UNIT DESCRIPTION

This unit specifies the competencies required to identify workplace hazards and risk, identify and implement appropriate control measures and implement OSH programs, procedures and policies/ guidelines

ELEMENTS AND PERFORMANCE CRITERIA

ELEMENT	PERFORMANCE CRITERIA
These describe the key outcomes which make up workplace function.	These are assessable statements which specify the required level of performance for each of the elements. Bold and italicized terms are elaborated in the Range
Identify workplace hazards and risk	 1.1 Hazards in the workplace are identified based their indicators 1.2 Risks and hazards are evaluated based on legal requirements. 1.3 OSH concerns raised by workers are addressed as per legal requirements.
2. Control OSH hazards	 2.1 Hazard prevention and control measures are implemented as per legal requirement. 2.2 Risk assessment is conducted and a risk matrix developed based on likely impact. 2.3 Contingency measures, including emergency procedures during workplace incidents and emergencies are recognized and established in accordance with organization procedures.
3. Implement OSH programs	 3.1 Company OSH program are identified, evaluated and reviewed based on legal requirements. 3.2 Company OSH programs are implemented as per legal requirements. 3.3 Workers are capacity built on OSH standards and procedures as per legal requirements 3.4 OSH-related records are maintained as per legal requirements.

RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
Hazards may include but are not limited to:	 Physical hazards Biological hazards Chemical hazards Ergonomics Psychological factors Physiological factors Safety hazards Unsafe workers' act
2. Indicators may include but are not limited to:	 Increased of incidents of accidents, injuries Increased occurrence of sickness or health complaints/ symptoms Common complaints of workers related to OSH High absenteeism for work-related reasons
3. Evaluation and/or work environment measurements may include but are not limited to:	 Health Audit Safety Audit Work Safety and Health Evaluation Work Environment Measurements of Physical and Chemical Hazards
4. OSH issues and/or concerns may include but are not limited to:	 Workers' experience/observance on presence of work hazards Unsafe/unhealthy administrative arrangements (prolonged work hours, no break time, constant overtime, scheduling of tasks) Reasons for compliance/non-compliance to use of PPEs or other OSH procedures/policies/guidelines

5. Prevention and control measures may include but are not limited to:	 Eliminate the hazard Isolate the hazard Substitute the hazard with a safer alternative Use administrative controls to reduce the risk Use engineering controls to reduce the risk Use personal protective equipment Safety, Health and Work Environment Evaluation Periodic and/or special medical examinations of workers
6. Safety gears /PPE (Personal Protective Equipment's) may include but are not limited to:	 Arm/Hand guard, gloves Eye protection (goggles, shield) Hearing protection (ear muffs, ear plugs) Hair Net/cap/bonnet Hard hat Face protection (mask, shield) Apron/Gown/coverall/jump suit Anti-static suits High-visibility reflective vest
7. Appropriate risk controls	 Eliminate the hazard altogether Isolate the hazard from anyone who could be harmed Substitute the hazard with a safer alternative Use administrative controls to reduce the risk Use engineering controls to reduce the risk Use personal protective equipment
8. Contingency measures may include but are not limited to:	 Evacuation Isolation Decontamination Emergency personnel
9. Emergency procedures may include but are not limited to:	 Fire drill Earthquake drill Basic life support/CPR First aid Spillage control Decontamination of chemical and toxic Disaster preparedness/management Set of fire-extinguisher

Chemical spills
 Equipment/vehicle accidents
 Explosion
• Fire
 Gas leak
 Injury to personnel
 Structural collapse
 Toxic and/or flammable vapors emission.
Medical/Health records
 Incident/accident reports
 Sickness notifications/sick leave application
 OSH-related trainings obtained

REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

Required Skills

The individual needs to demonstrate the following skills:

- Communication
- Interpersonal
- Presentation
- Risk assessment
- Evaluation
- Critical thinking
- Problem solving
- Negotiation

Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH Principles
- Occupational hazards/risks recognition
- OSH organizations providing services on OSH evaluation and/or work environment measurements (WEM)
- National OSH regulations; company OSH policies and protocols
- Systematic gathering of OSH issues and concerns

- General OSH principles
- National OSH regulations
- Company OSH and recording protocols, procedures and policies/guidelines
- Training and/or counselling methodologies and strategies

EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical	Assessment requires evidence that the candidate:	
Aspects of	1.1 Identified hazards in the workplace based their indicators	
Competency	1.2 Evaluated workplace hazards based on legal requirements.	
	1.3 Addressed OSH concerns raised by workers as per legal	
	requirements.	
	1.4 Implemented hazard prevention and control measures as per	
	legal requirement.	
	1.5 Conducted risk assessment as per legal requirement.	
	1.6 Developed risk matrix based on likely impact.	
	1.7 Recognized and established contingency measures in	
	accordance with organization procedures.	
	1.8 Identified, evaluated and reviewed company OSH program	
	based on legal requirements.	
	1.9 Implemented company OSH programs as per legal	
	requirements.	
	1.10 Capacity built workers on OSH standards and	
	procedures as per legal requirements	
	1.11 Maintained OSH-related records as per legal	
	requirements.	
2. Resource	The following resources should be provided:	
Implications	2.1 Access to relevant workplace where assessment can take	
	place	
	2.2 Appropriately simulated environment where assessment	
	can take place	
3. Methods of	Competency in this unit may be assessed through:	
Assessment	3.1 Observation	
	3.2 Oral questioning	
	3.3 Written test	
	3.4 Portfolio of Evidence	

3.5 Interview
3.6 Third party report
Competency may be assessed:
4.1 On-the-job
4.2 Off-the –job
4.3 During Industrial attachment
Holistic assessment with other units relevant to the industry
sector, workplace and job role is recommended.

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